

4th May 2017, 4pm to 10am 8th May.

At Findhorn Village Centre and Hostel, The Old School, Church Place, Findhorn, IV36 3YR.

A small group of us in the Inverness area have set up a Scottish [and whole ECC] event for four days at the start of May in Findhorn Village.

We have booked the Findhorn Centre for four nights, 4th to 8th May 2017, that is Thursday to Monday, chosen to avoid the bank holiday weekend with dearer travel.

The **venue** is the Village Centre Hostel-- http://www.findhornvillagehostel.com/

The hostel is close to the shore in Findhorn Village - a former fishing village with an estuary on one side and the sea, long beaches, dunes and forests on the other side. Ten minutes walk is the Findhorn Community, an intentional spiritual community on a large scale. Findhorn - Google search. The local climate is surprisingly good.

We will use the hostel and adjoining buildings plus ECC members' places and possibly areas of the Findhorn Community and Arts Centre. The hostel and centre has just been renovated.

Using the venue the budget breaks even at per person at £105 for accommodation, food ingredients and meeting rooms. Food will be vegetarian and there will be cooking and cleaning rotas for all to participate in.

For those wanting to arrive early or stay on there is quite a choice of B&B in the Findhorn ecovillage or the wider area.

The event is a development from the two recent Scottish Group Events and earlier heart circles in people's houses. It's very much DIY and collaborative and we hope it will be as deep and as much fun. On this occasion as it's longer we will have Base Groups [small daily groups for connecting, feedback and more].

We invite offers from all who feel they want to offer workshops:

Ideas to date are:

Walks along the beach and dunes,

Water taxi and bbg in forest opposite,

Tour of the Findhorn community - 3 of the organizers are connected,

Open session - 2 or 3 hours for straight friends and GBT from the area - towards the end of the event;

Dancing - our own or tagging on to other events as possible.

There are cakes & some pubs too.

There are many open aspects of the Findhorn community so for those particularly interested, meditation, singing and other activities could be part of the event.

There is a sailing school in the village so a windsurfing workshop would be an easy possibility too. Sea bathing –brrrr!

Given the event's setting in a village a theme could be our relationship with the wider world.



Findhorn May 2017

We did a limited survey to see what people might think about the event and workshops offered already are: an Art from the heart workshop or a Path of the heart workshop, an Afternoon tea in a shore side cottage garden, an Intimacy event using tantric, yoga and other techniques [clothed] offered by a local therapist, Bread making, Gentle exercise, Gaelic, the Poetry of David Whyte.

There are requests for Singing, Writing and Five rhythms dancing.

Travel:

Direct trains and buses **to Inverness** from Edinburgh, Glasgow, London [including the sleeper train] and flights from Luton, Gatwick, Bristol, Birmingham, Manchester, Stornoway and other places.

There are hourly trains and the no 10 Citylink bus from Inverness and Aberdeen and the no 11 bus via Inverness airport **to Forres**, the local town, also hourly.

There is a cycle track and hourly bus service from Forres, Stagecoach 31 and it is 50 metres from the bus stop to the hostel. Taxis from Forres cost about £13.

Booking:

Please use the separate booking form which includes some further information including initial contact information. loudenfinlay@zen.co.uk

Further information will be given after booking.

Organizers:

Morgan Cowley, Ian Brown, John Hamilton, Louden Finlay, John Tyler - we all look forward to seeing you on the event.

