

Edward Carpenter Community

Day Event in April

**Sunday, April 20th, 2008. 11.30am to 5.30 pm (approx)
(replaces the April Manchester Heart Circle)**

Fun, food, workshops, company of men.

**At Waring Bottom Farm www.waringbottom.co.uk
(Mike Kaye's home near Marsden, West Yorks)**

Outline format for the day:

**Arrive from 10:30am onwards for tea/coffee, aiming for an
11.30am start**

11.30am – 1pm Group Heart Circle

1pm – 2pm Lunch (vegetarian, provided by Mike & Andrew)

2pm – 5pm Choice of workshops:

- a) **'Sharing' – led by Andrew Edwards. *Please bring along an object that has a special meaning for you***
- b) **T shirt painting (or similar creative activity) – led by Derren from Birmingham**
- c) **A group word game – led by John from the Halifax group**
- d) **'Sharing survival skills' – led by John Casson**

5pm – 5.30pm (approx) Closing Circle

****** And afterwards ******

John Casson invites a maximum of 6 guys (sorry, limited space) for soup and a sauna & massage at his home, which is at Greenfield, on the western side of the Pennines, on the way back to Manchester from Waring Bottom Farm. If you'd like to do this, please contact John to book a place on 01457 877161. First come, first served & bring your own towel!

Getting to Waring Bottom Farm from Manchester:

Trains (timetable & fares at <http://www.nationalrail.co.uk>)

From **Manchester Victoria at 1018** (destination is Huddersfield) get off at **Marsden** (immediately after train emerges from long tunnel under Pennines summit). Takes half an hour. Walk along canal towpath from station (in same direction as you've been travelling on train) to lock number 28E (numbers are painted on the lock gates) - farm is here, on your left. It's a lovely, flat, one mile walk through woodland etc. Alternatively, ask for a lift from the station!

By car

Head east through Ashton-under-Lyne (or from Oldham), crossing the Pennines via the A62. You come down into Marsden, continue for another mile until you pass the Olive Branch pub on left, then come to a little car sales garage on right. Turn sharp left here (West Slaithwaite Road), continue over river and Huddersfield Narrow Canal bridge then turn along track on right immediately after the canal bridge. Farm is on left.

Don't use M62 to get here - there's no exit for the valley and it's a long way round.

For other recommended routes - please ask Mike if you're coming from Yorkshire or elsewhere. Postcode for Google Earth/Streetmap is HD7 5XB

Please let Mike know if you're coming - we'll need to limit places to about 20.

Check out the farm website at www.waringbottom.co.uk and email me at mike_kaye@grafitti.net to tell me you're coming. Or phone me on **07984 148 203**

Look forward to welcoming you, Mike